

Cell Phone Hygiene

Ever wonder what's the germiest thing you come into contact with each day? Public door knobs, restroom surfaces, your dog's pet bowl? Guess again.

Your cell phone has nearly three times more bacteria per square inch than all those icky things. According to a 2009 study published in the *Annals of Clinical Microbiology and Antimicrobials*, our cell phones and devices are a breeding ground for staph and strep along with other bacteria. No matter how frequently you wash your hands, if you aren't cleaning your devices at least once a week, you are exposing yourself to a host of germs and bacteria that are busy multiplying 24/7 on screens, cases and devices.

Did You Know?

Each square inch of your cell phone **CONTAINS ROUGHLY 25,000 GERMS**

&
ON AVERAGE, AMERICANS CHECK THEIR PHONE UP TO

50X Daily



CLEANING YOUR DEVICE AND CASE AT LEAST ONCE A WEEK will keep germs at bay.

How Do I Clean My Phone?

First remove the device's case and place the device on a clean microfiber cloth on a level surface.

Use a cleaning product specially designed for screen and device cleaning. Try the following products:

Gadget Guard Greener Cleaner OR
Whoosh! Screen Shine

Wow! Great suggestions. Anything else?

You'll want to clean the front, back and sides of your phone along with the case's interior and exterior.

Immediately replace device back into the clean case.

Thanks for the tips. I had no idea my phone was so germey!